

# **PRIVACY POLICY PRIMAL NATURE**

By signing up to any services provided by Primal Nature, Personal Training, Nutritional Programming, Run Primal, Fun and Games Fitness and any other class or service that may arise you accept the terms and conditions and privacy policy as stated.

## **Data held by Primal Nature:**

Your Name, Address, Email, DOB, Telephone and Medical conditions disclosed on sign up forms and health questionnaire. Online sign ups to newsletter hold only email and name.

Hard copy forms are held by Primal Nature and filed away. Data is transferred to cloud storage for immediate access should medical information be required in a medical emergency and shown to medical care professionals should the need arise. Online sign up data is held via website and transferred to Gmail account mailing list.

All data is held for 7 years from after end of contractual agreements for HMRC records should it be required. Online sign up data is held until user requests to unsubscribe from mailing list or in the event the company closes all online data will be removed. Should you wish to have your information removed please contact Dean Palfreyman at [primalnature.eml@gmail.com](mailto:primalnature.eml@gmail.com) stating your request and you will be informed as soon as this is done.

## **Subject access request procedure:**

Should you require access to the data Primal Nature hold specific to you, please contact Dean Palfreyman at [primalnature.eml@gmail.com](mailto:primalnature.eml@gmail.com). We aim to have your information request with you within 20 working days, you will be informed if more time is needed. Most requests are free however you may be asked to pay a small amount for photo copies or postage. You will be informed if you have to pay anything.

Your data is held for use by Primal Nature only. We will not share or distribute your information to any third party for any reason.